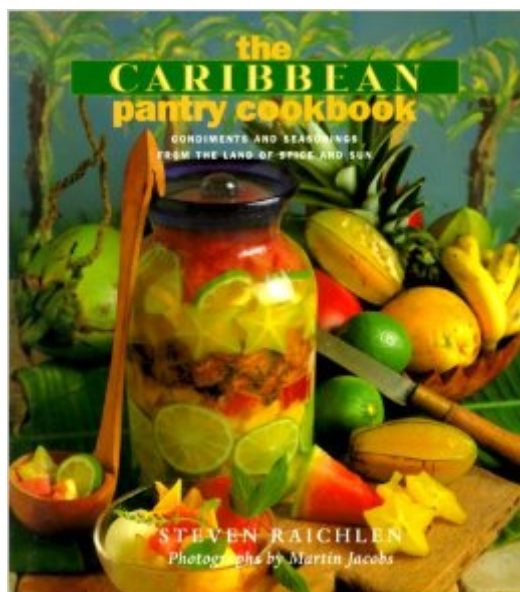


The book was found

The Caribbean Pantry Cookbook: Condiments And Seasonings From The Land Of Spice And Sun



Synopsis

Mouth-searing hot sauces, fragrant marinades and fiery spice rubs, tropical fruit preserves, jams, and cooling rum drinks: *The Caribbean Pantry Cookbook: Condiments, Seasonings, and Preserves* from the Land of Spice and Sun captures the vibrant flavors and tropical abundance of this diverse region. Its 70 recipes and 20 full-color photographs will help add island excitement to everyday meals. Steven Raichlen, author of *Miami Spice*, has traveled widely throughout the region and collected his favorite recipes for condiments and seasoning mixes. There are few places in the world where you can find such eclectic assortment of condiments and seasonings as in the Caribbean, where the bold flavors match the intensity of the tropical sun. Many ethnic groups have contributed to the region's culinary melting pot, combining elements of European, North African, and even Asian cuisines with the region's characteristic fruits, vegetables, and spices. *The Caribbean Pantry* includes recipes for pantry items as well as for dishes in which to use them. With a well-stocked pantry, it's easy to chase away the mid-winter blues by putting Orange Pepper Jelly on an English muffin, sipping Passion Fruit Punch by the fire, enlivening chicken breasts with St. Barts Creole Sauce, or a filet of grouper with Chili Lime Sauce. Use Mojo (Cuban Garlic-Cumin Sauce) to marinate shell steak, or create Bajan Roast Game Hens with Seasoning, the classic seasoning mix of Barbados. The recipes in *The Caribbean Pantry* are simple to make and most ingredients are widely available (mail-order sources are included for hard-to-find items).

Book Information

Hardcover: 140 pages

Publisher: Artisan (January 9, 1995)

Language: English

ISBN-10: 1885183100

ISBN-13: 978-1885183101

Product Dimensions: 8.3 x 0.7 x 9.3 inches

Shipping Weight: 1.7 pounds

Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (8 customer reviews)

Best Sellers Rank: #857,876 in Books (See Top 100 in Books) #128 in [Books > Cookbooks, Food & Wine > Regional & International > Caribbean & West Indian](#) #552 in [Books > Cookbooks, Food & Wine > Cooking by Ingredient > Herbs, Spices & Condiments](#)

Customer Reviews

Bought it as a gift for a European friend. Like it because it allows non-Caribbean individuals to use

what is available to them to flavour their foods our way (or close enough) and not have to go searching gourmets stores or ethnic markets when they want to get a touch of the Caribbean. The recipes are straightforward and easy.

It's worth buying this book just for the wonderful photographs. Not only is there a complete listing of exotic ingredients such as fruits, vegetables and spices, there is a nice assortment of recipes to choose from. This is definitely one of my favorite Caribbean books. If you like this book, you will love Angela Spenceley's latest book "A Taste of the Caribbean" featuring hundreds of tidbits about exotic fruits, vegetables and other tropical ingredients. This complete A-Z Caribbean cookbook is a valuable addition to any good cookbook library.

Steven Raichlen, author of The Barbeque Bible, once again gives an in depth treatment of his chosen subject. In the Carribean Pantry, Raichlen demystifies exotic fruits, vegetables, tubers and spices into laymen terms for the home cook. Proffesionals ,as well, can use this book as an invalueble point of reference.

This is a great primer. It's full of information on Caribbean cuisine. I enjoy Steven Raichlen's books. He is masterful at transforming you to the island while in the comforts of your own home.

[Download to continue reading...](#)

The Caribbean Pantry Cookbook: Condiments and Seasonings from the Land of Spice and Sun
Cook With Seasonings and Spices: The Essential Recipe Collection & Guide to Cooking Delicious Meals with Amazing Spices, Herbs, & Seasonings (Essential Kitchen Series Book 21)
SURVIVAL: Survival Pantry: A Prepper's Guide to Storing Food and Water (Survival Pantry, Canning and Preserving, Prepper's Pantry, Canning, Prepping for Survival)
Preppers Pantry: The Ultimate Survival Guide For Emergency Water & Food Storage During An Urban Emergency (Urban Survival Pantry, Canning And Preserving, Camping, Life Saving Meals, Survival Guide)
PREPPER: Preppers Guide to Safe Survival and Self Sufficient Living (survival books, survivalism, prepping, off grid, saving life, preppers pantry, help ... preppers guide, preppers pantry Book 1)
Dry Spice Mixes: Top 50 Most Delicious Spice Mix Recipes [A Seasoning Cookbook] (Recipe Top 50's Book 104)
Cruising the Southern and Western Caribbean: A Guide to the Ships & the Ports of Call (Cruising the Southern and Western Caribbean) (Cruising the Southern & Western Caribbean)
The DIY Kitchen Cookbook: How to Make Your Own Clean & Healthy Make-Ahead Mixes, Seasoning Blends, Snacks, Breakfasts, Condiments, Dressings & Drinks Swap Meets (Volume 2): A 13 Book

Excite Spice Hotwife Erotica MEGA Bundle (Excite Spice Boxed Sets) Savory & Sweet Sauces, Marinades, Condiments & Gravies: 500 Recipes for Meats, Pasta, Seafood, Vegetables & Desserts! (Southern Cooking Recipes Book 34) The Spice Necklace: My Adventures in Caribbean Cooking, Eating, and Island Life L'arte della guerra - (illustrato) (commentato): Includere Sun Tzu audiolibro: DELUXE ITALIAN EDITION - Includere Sun Tzu audiolibro Circling The Sun: A Detailed Summary About This Masterpiece Of Paula McLain! (Circling The Sun: A Detailed Summary---Paperback, Ebook, Novel, Audiobook, Audible, Hardcover) Caribbean Revolutions and Revolutionary Theory: Assessment of Cuba, Nicaragua and Grenada (Warwick University Caribbean Studies) The Queer Caribbean Speaks: Interviews with Writers, Artists, and Activists (New Caribbean Studies) Our Caribbean Kin: Race and Nation in the Neoliberal Antilles (Critical Caribbean Studies) Critical Interventions in Caribbean Politics and Theory (Caribbean Studies Series) Commonwealth Caribbean Criminal Practice and Procedure (Commonwealth Caribbean Law) Caribbean Connections: The Dominican Republic (Caribbean Connections: Classroom Resources for Secondary Sch) Commonwealth Caribbean Public Law (Commonwealth Caribbean Law)

[Dmca](#)